



PRAYING THE PSALMS – PSALM 139 (VS. 3-4)

Women's Discipleship Group

I AM NOT A MYSTERY TO GOD

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Series #4 Lesson #2

Scripture Focus: *You discern my going out and my lying down, you are familiar with all my ways. Before a word is on my tongue you know it completely, Oh Lord. (Psalm 139:3-4)*

Key Word: Discern: (Hebrew) Zara – To have a spiritual insight into a person or situation.

OPENING STATEMENT:

Sometimes it feels as though God is not present in our lives, nor is He in control of the events of our lives. We look to heaven wondering where He is when we need Him the most. We wonder why He allows people to mistreat others without facing any consequences. It is the experience of salvation that allows us to see that in retrospect, the Lord was there all the time. Like David, Peter and Paul before us – the Lord uses our mistakes, weakness and failures to transform us into humble, obedient and committed servants. There are 3 things that we learn from Psalm 139 about the nature of God:

1. **God is omniscient.** The Lord has infinite awareness and understanding of all things. “He comprehends our path” and the behavior that we will demonstrate in every situation. When we sin it is not a surprise to God. When we are wounded in life, the Lord already knew it would happen. Remember, Romans 8:28 says – *All things work together for good to them who love the Lord and are the called according to His purpose.*
2. **God is omnipresent.** The Lord is present at all times in all places. “He knows our sitting, rising and lying down.” If the Lord is present at every moment in our lives, then why doesn't He interfere or come to our rescue in times of trouble? Philippians 2:12 says: Work out your own salvation with fear and trembling. First, I am convinced that the Lord interferes more than we know. He gives his angles charge over us. Secondly, when the Lord does not take action perhaps He is giving us room to grow.

3. God is omnipotent. The Lord has unlimited power, authority and influence. Then why doesn't He use it to help me out? Is that what you're thinking? Let me remind you that the same power that raised Christ from the dead is at work in you. Ephesians 3:20 says, *He is able to do exceedingly, abundantly above...according to the power that works in us*. When God rescues us we do not become stronger. But when we work through our challenges in life, the power within us is released.

OBSERVATIONS:

1. In 1 Samuel, the Lord used the prophet Samuel to call both Saul and David as the rulers of Israel. Search 1 Samuel and determine the following: What did Saul and David have in common concerning their calling from the Lord?

2. How was Samuel able to *discern* which of Jesse's sons would be the next king of Israel after Saul?

INTERPRETATION:

In what situations do you see the omnipresence/power of God in the life of David?

PERSONALIZATION:

1. 139:3 says that the Lord is acquainted with all of our ways. What are some of “your ways” the Lord has revealed to you?

2. How has the Lord helped you change “your ways” for the better?

APPLICATION:

Make a commitment to “practice the presence” of the Lord in your daily life. This can be done through quiet prayer and meditation where you allow the Lord to speak to your heart. Purchase a journal to keep a record of what the Lord is saying to you in you times of prayer and reflection.