



Say to wisdom, “you are my sister” And make understanding your closest friend. For they will keep you from the immoral woman. Proverbs 7:4-5a

## THE GOOD SIDE OF SEXY

Sex was created by God for reproduction and to establish a lasting bond between a man and a woman. It may come as a surprise to some, but sex was also created by God for our pleasure. If sex was created by God then it would follow that it is good for a woman to be *sexy*. But like so many practices in our culture the purpose and concept of “sexy” has been greatly perverted. In contemporary culture media, music and advertisers define sexiness as revealing clothing, inflated breast and random sexual acts. But the Lord sees that kind of seductive behavior as a real turn-off.

*(Isaiah 3:16-18) Next the Lord will judge the women of Jerusalem, who walk around with their noses in the air, with tinkling ornaments on their ankles. Their eyes rove among the crowds, flirting with the men. The Lord will send a plague of scabs to ornament their heads. The Lord will strip away their artful clothing—their ornaments, headbands, and crescent necklaces.*

So how does a woman maintain her virtue and at the same time cause men to say “hmmm” when she walks by?

### The Sexy Helpmate:

*Proverbs 31:11 – The heart of her husband safely trust her; so he will have no lack of gain.* Nothing is sexier than a woman who can be trusted by her man. He’s not concerned that she will be unfaithful to him. He can expose his weaknesses without fearing that she will take advantage of his vulnerability. A sexy woman walks in spiritual integrity. She doesn’t use sex as a tool to get what she wants from her husband. She doesn’t harbor resentment and withhold sex. She shares her real feelings with her mate and if her sexual desires need revitalizing she will pray and ask the Lord to restore her desire for intimacy.

*Proverbs 31:14 – She is like the merchant ship, bringing her food from afar.*

A lot of women think that expensive perfumes and oils make them sexy. But at the end of a long day, most men would prefer the fragrance of something cooking in the oven. One of the sexiest things that a woman can do is to learn how to cook and entertain. While many wives read books on how to have hot sex, I strongly recommend that a sexy woman should learn how to be just as hot in the kitchen.

*(Proverbs 31:17&22) She works hard and keeps her body strong. (vs.22) She dresses like royalty in the finest clothing.*

One of the most popular requests that husbands make is for a wife to take better care of her body. A sexy wife does her best to stay in shape. Start your day with your Bible and your gym shoes. Do your best to stick to your routine. It’s fun for couples to work out together. Sweat is sexy! When it comes to dress, a wise woman learns that see-through

clothing is for the bedroom. Victoria Secret is a must. When you're out in public, dress with class, style and flair but keep your private parts – private. A man's imagination will do the rest.

### The Sexy Handmaiden:

*(Ruth 1:2) One day Ruth said to Naomi, "Let me go out into the fields to gather leftover grain behind anyone who will let me do it."* A sexy handmaiden isn't running around looking for a man. Ruth's mind was on helping others. A woman who is desperately trying to find a man is not sexy. She will only make herself prey to men who will take advantage of her desperation. Put your emotions on the back burner and keep your mind occupied with thoughts that are positive and productive – success is real sexy.

*(Ruth 2:5& 15) Then Boaz asked his foreman, "Who is that girl over there?"(vs.15) When Ruth went back to work again, Boaz ordered his men to let her gather all the grain she needed.*

It's clear that Ruth didn't know that the Lord was already working things out for her. While she was being faithful to the things of God, a wonderful man was watching this sexy girl do her thing. Also note that Boaz was an older man and there is no hint that he was attractive. The scriptures tell us about his generosity and excellent character, not his looks. Perhaps you are stuck on sexy looking guys. Refocus girlfriend! Sexy is not how a man looks, but how he treats you.

*Ruth 3:3 – Naomi said to Ruth: "Wash and perfume yourself, and put on your best clothes. Then go down to the threshing floor."* A lot of Christian women seem to be confused about whether or not they should let a man know that they're interested in dating. Let me be your Naomi... If he's a godly man with good character and a good reputation...then wash, put on perfume and your best clothes and be cute and sexy. . Don't allow the values of the world to govern your behavior. It is not sexy to jump in the bed with a man. Do things God's way and you'll end up on your honeymoon instead of a one night stand.

### The Sexy Harlot:

*Proverbs 7:10 – And there a woman met him, with the attire of a harlot and a crafty heart.* There is no description of what this woman was wearing, but whatever she had on, she looked like a harlot. I am sure that her clothing was a few sizes too small with nothing left to the imagination. I want to challenge you to look at what you're wearing these days and ask yourself and your family and friends if you might be mistaken for a harlot. This passage also notes that the woman had a crafty heart. In short, she could not be trusted and that's not sexy – it's downright scary.

*Proverbs 7:13 – She caught him and kissed him; and offered him sex.*

Ads, television and music videos glorify women in pursuit of men offering them whatever their heart desires. That's how the world defines "sexy." But the Bible calls this type of behavior harlotry. Unfortunately, single women who are attempting to live a godly life, feel that harlots (both in and outside of the church) are using sexual enticement

to “catch” all of the eligible men. A harlot can use her sexy ways to catch a man, but the relationship is seldom permanent.

*Proverbs 7:21 – So she seduced him with her pretty speech. With her flattery she enticed him. He followed her at once, like an ox going to the slaughter.*

The so called “sexy” lifestyle of this age is leading both men and women to destruction. With the rise of HIV/AIDS, seducing a man is like playing Russian Roulette. There is also a rise in violent acts against women. Seducing a strange man, or even one that you think you know can lead to rape or something worse. In this day and age, dressing and carrying yourself in a godly manner and staying away from ungodly locations can help to protect you from the plots of Satan.

### **OBSERVATIONS AND PERSONALIZATION:**

#### The Helpmate:

1. Read Proverbs 31:11 and Proverbs 7:10. What are the noticeable differences between these two types of women?
2. What behavior do you demonstrate to let others know that you are trustworthy?

#### The Handmaiden:

1. Read Ruth 2:5-16. Write down three things that Boaz did for Ruth.
2. Write down three things that you would like some special man to do for you.

#### The Harlot:

1. Read Proverbs 7:10-19. Write down 5 characteristics of a harlot.
2. What similarities do you see between the woman in Proverbs 7 and the women of this day and age?

### **LETTERS:**

I really appreciate this Bible Study. I am forwarding it to other women. We have had so many seminars on the spread of HIV/AIDS among Black women and it seems to go in one ear and out of the other. But this Bible Study substantiates the spiritual consequences of practicing unsafe sex.

## THE LATEST STATISTICS on HIV/AIDS and STD's

- **65 million** people in the U.S. are living with an incurable sexually transmitted disease.
- **25 million** people worldwide have died from AIDS since 1981.
- **2 million** people in Africa have died from AIDS since 1981
- **527,113** people in the U.S. have died from AIDS since 1981.
- **651,008** people died in all the combined wars in the U.S.
- **462,792** people in the U.S. are currently living with HIV/AIDS.
- **944,306** people in the U.S. have been diagnosed with HIV/AIDS.
- **1,039,000** is thought to be a more accurate number of people living with HIV/AIDS in the U.S. but cannot be confirmed because of privacy laws.