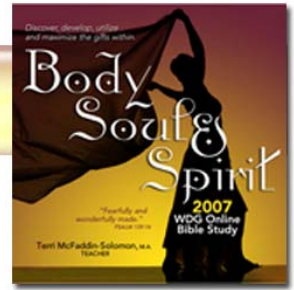


Body Soul & Spirit

I WILL PRAISE YOU FOR I AM FEARFULLY AND WONDERFULLY MADE. PSALM 139:14



WWW.WDGOONLINE.ORG

For I am fearfully and wonderfully made. Psalm 139:14

WDG BIBLE STUDY 2007

SERIES: THE PURPOSE AND FUNCTION OF THE BODY

“Lesson #1 – The Five Senses”

PRESENTED BY, TERRI MCFADDIN SOLOMON, M.A.

OPENING STATEMENT:

The body operates with 5 senses: **sight, hearing, touch, smell and taste.** The 5 senses can spark desires in our flesh that can lead to disobedience to God’s word and even result in our destruction. We live in a world that is filled with temptations of every kind. We find them in music, television, magazine ads, food and even in church. Without self-disciple, your eyes, ears, touch, smell or taste, can zero in on a pretty new car, credit cards, a sexy looking classmate or co-worker and get you in big trouble.

Romans 8:12-13 – For if you live according to the flesh you will die; but if by the Spirit you put to death the deeds of the body, you will live.

Jesus was fasting in the wilderness for 40 days. Satan came and tempted his flesh by offering him fresh baked bread. (Mark 4:1-4). But long before Jesus was tempted in the wilderness, Satan came to Eve in the same manner and tempted her to disobey God. The devil understood that the flesh is the gateway to the soul. The soul is the eternal part of our being. It is filled with power and creativity and is the essence of who God created us to be. This is why Satan uses the desires of the flesh to destroy man’s soul. Let’s revisit the story found in Genesis 3 and take a closer look at how the Serpent appealed to the 5 senses of both Adam and Eve:

HEARING: **Genesis 3:1** – Now the serpent was more cunning than any beast of the field which the LORD God had made. And he **said** to the woman, “Has God indeed said, ‘You shall not **eat** of every tree of the garden’?”

TOUCH: **Genesis 3:2-3** – And the women said to the serpent, “...but of the fruit of the tree which is in the midst of the garden, God has said, ‘You shall not **eat** it, nor shall you **touch** it, lest you die.’ ”

SIGHT: **Genesis 3:6a** – So when the woman **saw** that the tree was good for food, that it was pleasant to the **eyes**... and a tree desirable to make one wise..

TASTE: **Genesis 3:6b** – ...she took the fruit and **ate**. She also gave to her husband with her, and he **ate**.

WOMEN'S DISCIPLESHIP GROUP

686 Arroyo Parkway Suite 174, Pasadena, California 91105
626.794.5402 * Email: wdgstudy@aol.com

SMELL: **Genesis 3:1-6** (Note) Even though there is no scriptural support, it is very probable that the fruit that tempted Eve also had a pleasant smell that increased her desire.

The story of the fall of Adam and Eve gives a clear example of the dangers of giving into the desires of the flesh. But what can we do to protect ourselves from the lure of temptation?

1. **Pray for self-control. 1 Corinthians 9:26** – *Therefore I do not run like a man running aimlessly; I do not fight like a man beating the air. No, I beat my body and make it my slave so that after I have preached to others, I myself will not be disqualified from the prize. (Living Bible)*
2. **Live a godly lifestyle. Romans 13:13** – *Clothe your flesh with the armor of right living, as those who live in the light. We should be decent and true in everything we do, so that everyone can approve of our behavior. Don't participate in wild parties and getting drunk, or in adultery and immoral living, or fighting and jealousy. But let the Lord Jesus Christ take control of you, and don't think of ways to indulge your evil desires. (Living Bible)*
3. **Walk in the Spirit. Galatians 5:16 &5:22** – *I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh. For the flesh lusts against the Spirit, and the Spirit against the flesh; and they are contrary to one another, so that you do not do the things that you wish. 5:22 – But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness faithfulness, gentleness, self-control. Against such there is no law. And those who are Christ's have crucified the flesh with its passions and desires.*
4. **Protect your soul. Mark 8:36** *For what will it profit a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul?*

OBSERVATIONS AND PERSONALIZATION:

John 10:10 says – *The thief (Satan) comes only to rob, kill and destroy. I have come that they may have life and have it to the full.* Satan will use our fleshly desires to tempt us with disobedience. Please respond to the following questions and take a look at the scriptures listed below.

1. In what ways are you tempted by what you see? What are the consequences?

The desire for clothes, cars and other material possessions can ruin credit and destroy finances.

[1 John 2:15-16](#) – [Proverbs 27:20](#).

2. How are you tempted by what you hear? What are the consequences?

Suggestive music and deceptive words can make us believe lies.

[Mark 4:13-17](#) – [2 Thessalonians 2:11](#)

WOMEN'S DISCIPLESHIP GROUP

686 Arroyo Parkway Suite 174, Pasadena, California 91105
626.794.5402 * Email: wgdstudy@aol.com

3. How are you tempted by touch? What are the consequences?

Intimacy with the wrong person can lead to hurt and diseases.

[2 Corinthians 6:17 - 1 Corinthians 6:16](#)

4. How are you tempted by what you smell? What are the consequences?

Aromas that entice the appetite can tempt us to make the wrong choices.

[Exodus 30:37-38 – Ecclesiastes 10:1](#)

5. How are you tempted by what you taste? What are the consequences?

Excessive food, alcohol or drugs can ruin your health or lead to addictions.

[Proverbs 20:1 – Psalm 34:8](#)

Please feel free to share your story about overcoming temptation.

www.wdgonline.org. “Tell Your Story”

Example: 1. Do you find that “hearing” old songs or the “smell” of cologne can trigger memories and desires for ungodly relationships that need to stay in the past?

WOMEN'S DISCIPLESHIP GROUP

686 Arroyo Parkway Suite 174, Pasadena, California 91105

626.794.5402 * Email: wdgstudy@aol.com