

Body Soul & Spirit

I WILL PRAISE YOU FOR I AM FEARFULLY AND WONDERFULLY MADE. PSALM 139:14



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WDG BIBLE STUDY 2007 INTRODUCTION LESSON

You Are A Living Miracle

PRESENTED BY, TERRI MCFADDIN SOLOMON, M.A.

INTRODUCTION:

This year we are taking an exciting journey into the creation and purpose of human life. It is my desire that as we explore how our very being was designed and assembled by the hand of God, we will accomplish the following:

1. A deeper love, respect and appreciation for ourselves, for all humanity and for our Creator.
2. Learn how to recognize and maximize our hidden potential.
3. Help others to recognize their potential and embrace God's plan for their lives.

Have you ever thought about the miracle of how you were created? The bible tells us that we are *fearfully and wonderfully made* (Psalm 139:14). What a statement when we consider the following facts about the body:

- There are 10 million nerve cells in the brain.
- Your brain sends messages at the rate of 240 miles per hour.
- The average human scalp has 100,000 hairs.
- Each human eye is one of a kind (like a fingerprint) and can detect over 100,000 colors.
- The nose can remember 50,000 different smells.
- The tongue has 4 taste zones: Bitter (back), sour (sides), salty (front sides), sweet (front).
- You have 62,000 miles of blood vessels in your body.
- The spinal cord is less than 2 feet in length and contains over 10 billion nerve cells.
- Your body replaces the entire skeleton system about every seven years.

BUT WAIT! There's more. The bible tells us that we are more than veins, arteries, lips and hips. We were created in the image of God, with a body, spirit and soul. There are many views about our creation. With this in mind, let's look at what the scriptures have to say:

So God created man in His own image; in the image of God He created him; male and female. Genesis 1:27.

And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul. Genesis 2:7.

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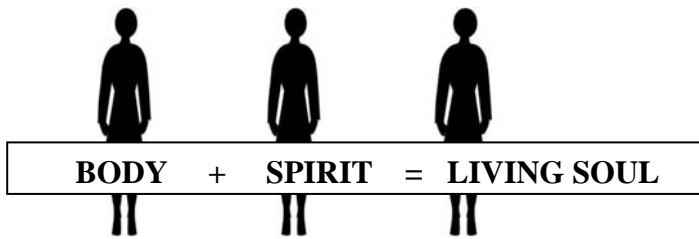
686 Arroyo Parkway Suite 174, Pasadena, California 91105
626.794.5402 * Email: wdgstudy@aol.com

If we carefully examine Genesis 2:7, we can begin to understand our Devine design.

Body: Genesis 2:7a – And the LORD God formed man from the dust of the ground.

Spirit: Genesis 2:7b – and breathed into his nostrils the breath of life.

Soul: Genesis 2:7c – and man became a living soul.



According to the Word of God, we are more than a **living body**, we are a **living soul**. God has given us a body, soul and spirit that are inter-dependent. They must work together in order to complete and sustain human life. Let's look at an example of how the body, soul and spirit work together.

Look at the three television sets below:



TV #1 – Television sets are like the body. The TV may be top of the line with all the tubes and wiring. It is equipped with cable, DSL, full color, flat screen, but....a television is useless without programs and programs cannot be seen until the TV is connected to a power source. Without programs and power the TV is useless and dead. It is the same way when the body is without a spirit and soul, the body is dead. It is the Holy Spirit (the breath of God) that is our source of power and allows us to become a living soul. It is the soul that gives life meaning.

James 2:26a – For the body without the spirit is dead.

1 Corinthians 6:19-20 – Do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God? ...therefore glorify God in your body and in your spirit, which belong to God.

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TV #2 – Television programs are like the soul. TV programs are available on every topic, comedy, news, reality, history and drama. But none of these programs can be viewed without a TV set. TV programs are a good example of the gifts, talents and ideas that are stored in your soul. The programs were already recorded...they already exist and are waiting to be viewed. This is like the gifts and talents in the soul. But without a body the gifts and purpose that are in the soul cannot be accessed.

Jeremiah 1:5 – Before I formed you in the womb I knew you; Before you were born I sanctified you; I ordained you a prophet to the nations. Psalms 139:16 – Your eyes saw me before I was even formed. Every day of my life was recorded in your book. Every moment was designed for me, even before my life came into existence.



TV #3 – Television power cords and batteries are like the spirit. The TV must be plugged into a power outlet or a power battery in order to operate. The programs can then be selected and viewed. In the same manner, the spirit gives life to the body and soul. The spirit within us is like a battery that draws its power from the Holy Spirit. When we are unsaved, the spirit/battery within us is dead and is disconnected from God. When we accept Christ we are given a new spirit or a new battery that gives us the power to connect to God (by remote control or through the spirit). The spirit is able to give us a *full program guide* so we become aware of our purpose and all the gifts that have been deposited in our soul.

John 3:6-8 “Flesh gives birth to flesh, but the Spirit gives birth to spirit. The wind blows wherever it pleases. You hear the sound, but you cannot tell where it comes from or where it is going. So it is with everyone born of the Spirit.”

- The body is dead without the spirit.
- The spirit is the power source that connects the body to the soul and creates human life.
- The soul cannot exist and carry out its purpose without a spirit and body.

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OBSERVATIONS:

1. Read John 3:6-8. Why was the Spirit compared to the wind?
2. Read John 3:6-8 How can we believe in something that we cannot see? Think of something that you cannot see with your eyes but you know that it does exist.
3. Read James 2:26. What happens to a body without a spirit?
4. Read 1 Corinthians 3:16. Where does the Spirit of the Lord reside?
5. Read 1 Corinthians 3:17. What happens if we defile the body?

PERSONALIZATION:

What are some of the special and unique gifts that you believe that God placed in your soul?

SCRIPTURE MEMORY: (Repeat each morning for 7 days)

Psalm 139:13 For You formed my inward parts; You covered me in my mother's womb.

YOUR STORY:

Many years ago I was standing in my bathroom washing my face and the Spirit of the Lord spoke to my spirit. He said one thing to me, **“I want to you teach my people!”** I was a fairly new Christian and I didn't know that much about the Bible, but I know for a fact that I received a message from the Lord. The gift to teach was already in my soul and in time it came to the surface.

Has the Lord ever spoken to your spirit and revealed something about your gifts or your purpose that you didn't know? Please feel free to share your story.